

Your "Unique Player Identity" Shortcut

	My Biggest Strength Is...	My Biggest Weakness Is...
Technical	<p><i>(Example: Big topspin on my forehand)</i></p> <ul style="list-style-type: none"> - Strong inside out forehand - Heavy topspin forehands - Consistent volleys - Good slices, both deep and short ones - First serve placement works well 	<p><i>(Example: Inconsistent serves)</i></p> <ul style="list-style-type: none"> - Backhand is inconsistent - Second serve has been shaky - Struggles with high, heavy backhands - Cannot do much with first serve returns
Physical	<p><i>(Example: Great footwork to get in optimal hitting position)</i></p> <ul style="list-style-type: none"> - Can go the distance, not afraid of long matches - Able to sustain high-intensity, which can intimidate opponents - Average/above-average speed 	<p><i>(Example: I tire quicker than other players)</i></p> <ul style="list-style-type: none"> - Usually see a drop in energy early in the second set - Footwork is not smooth sometimes, end up wasting too much energy - Struggles to come back after backhands on the run
Mental	<p><i>(Example: I'm not afraid to be at the net)</i></p> <ul style="list-style-type: none"> - Very comfortable at the net - Fighting spirit, won't give up - Understanding of the game, can adjust strategy faster than opponents - I know my limitations and weaknesses, and can adjust my game accordingly - Love to add variation to the game 	<p><i>(Example: I get upset about unforced errors & can't recover)</i></p> <ul style="list-style-type: none"> - I struggle to believe I can beat anyone - I get nervous in tight situations, and my toss/serve end up becoming very inconsistent - I get way too frustrated and distracted when there's noise or movement outside the court

Think Less, Win More